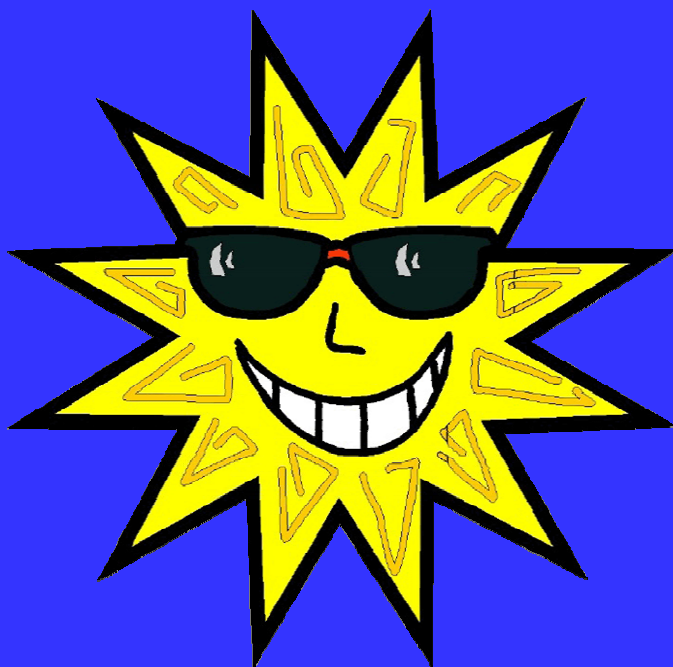


Module 3
Self-Direction:
An Introduction for
Families and Professionals

Materials developed by:
Partnership for People with Disabilities
Virginia Commonwealth University
Funding provided through:
Virginia Department of Medical Assistance Services
With grant support from:
U.S. Centers for Medicare and Medicaid Services

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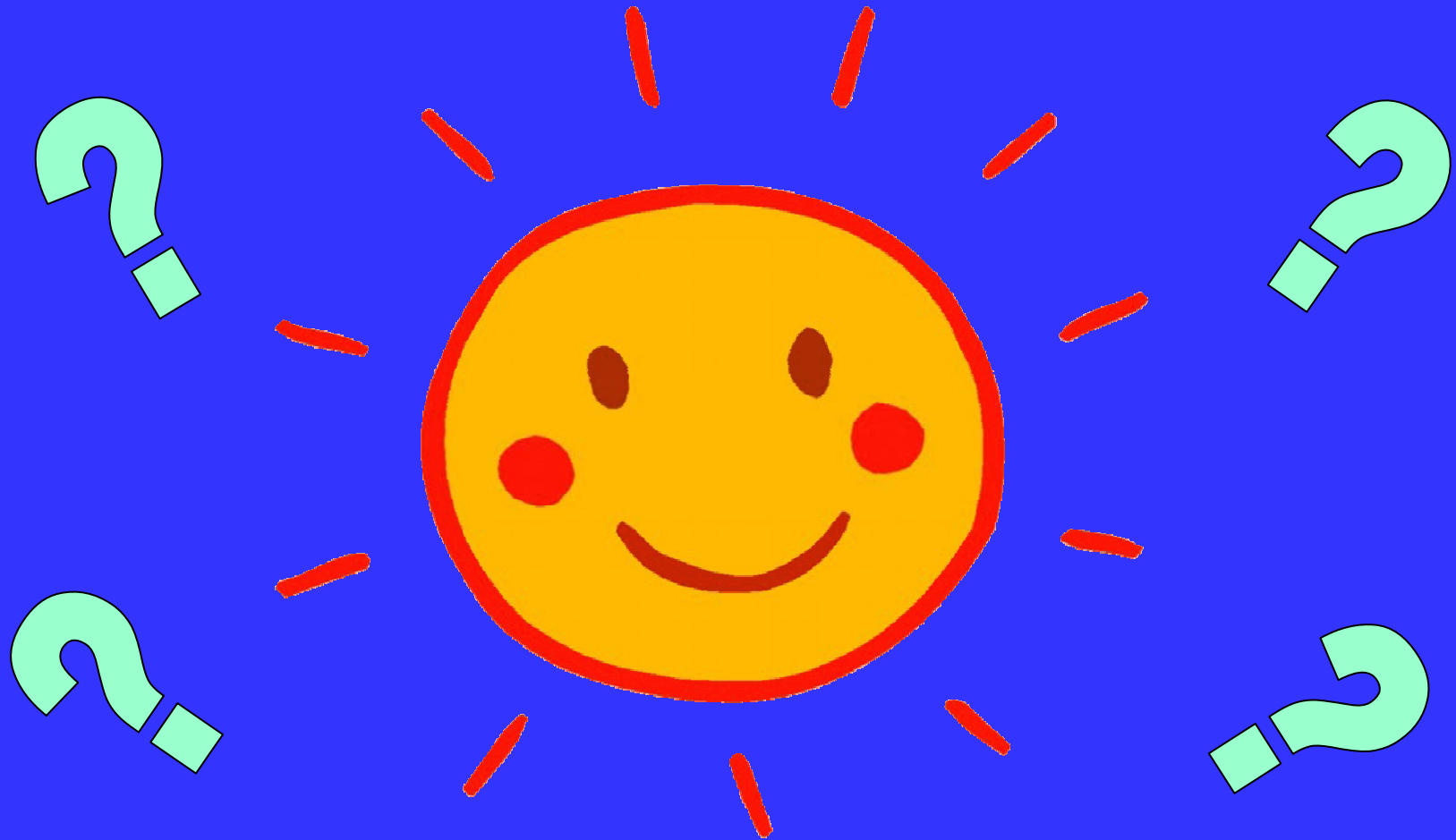
Module 3
Self-Direction:
An Introduction for
Families and Professionals



We will discuss:

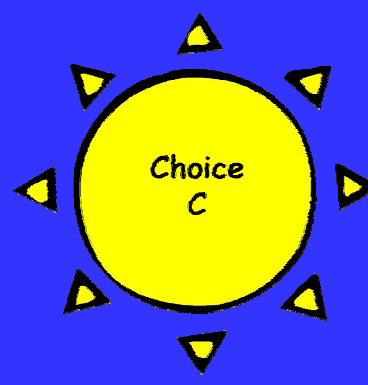
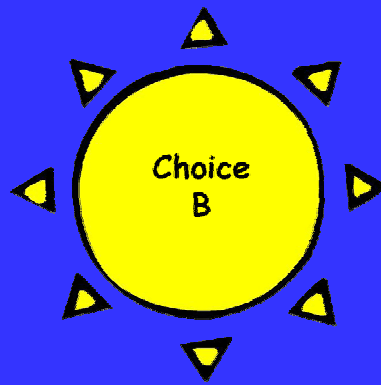
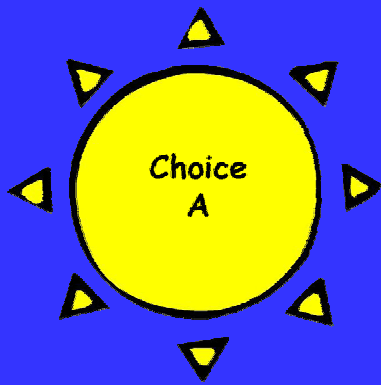
- Principles of self-direction
- Importance of dreams and having choice

WHAT is self-direction?



Self-direction ensures that individuals with disabilities have the means and the authority to determine what supports and services they need to be successful in the community.

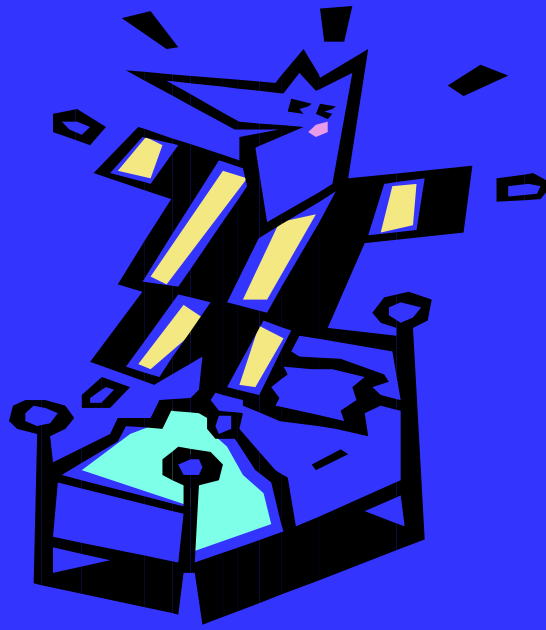




It's about
choice...



Activity #1



Morning Routine

Important choices...



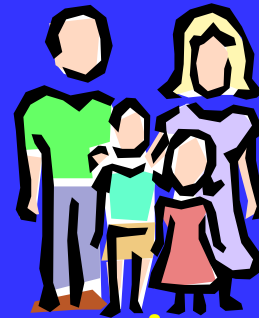
Live



Play

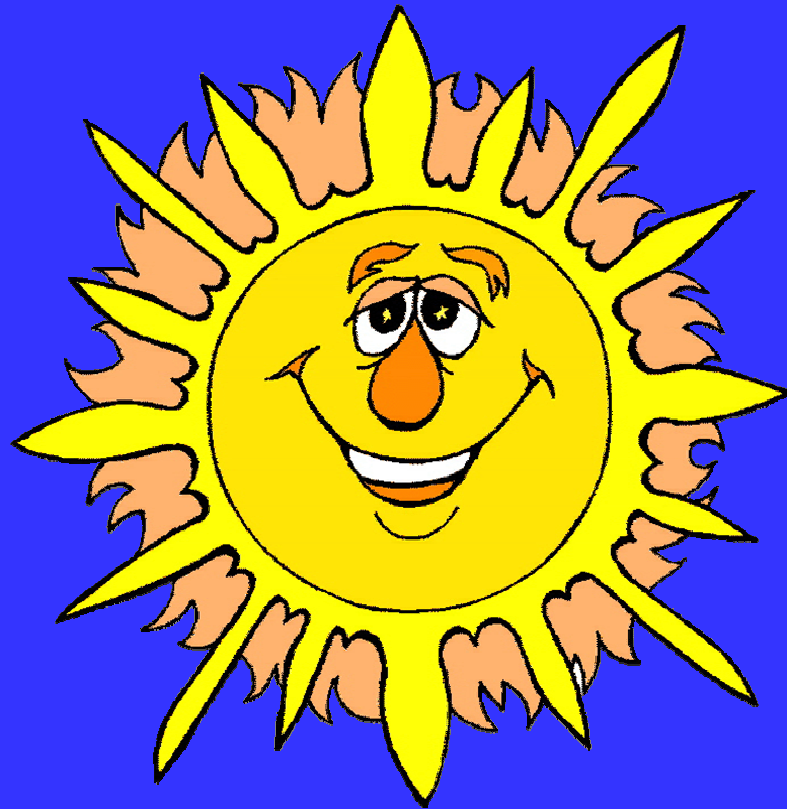


Work



People in
Your Life

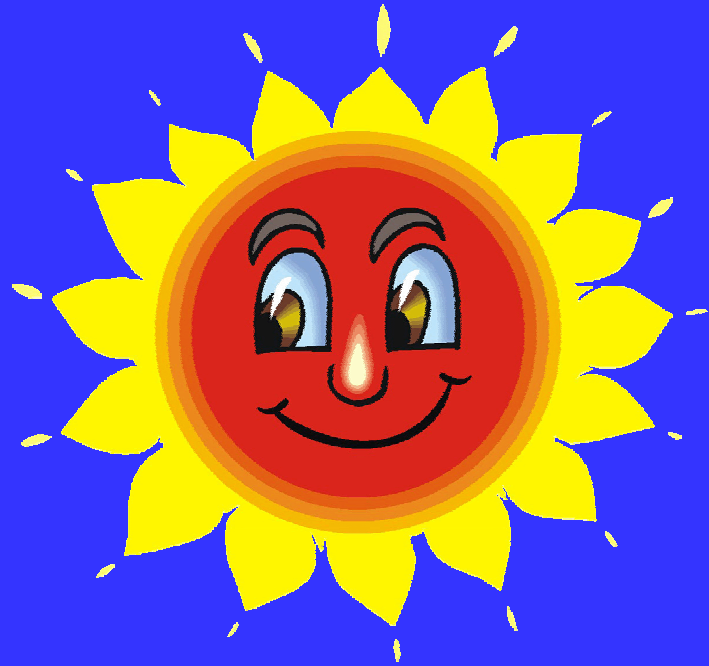
Self-direction is about
control...



It's about
community...



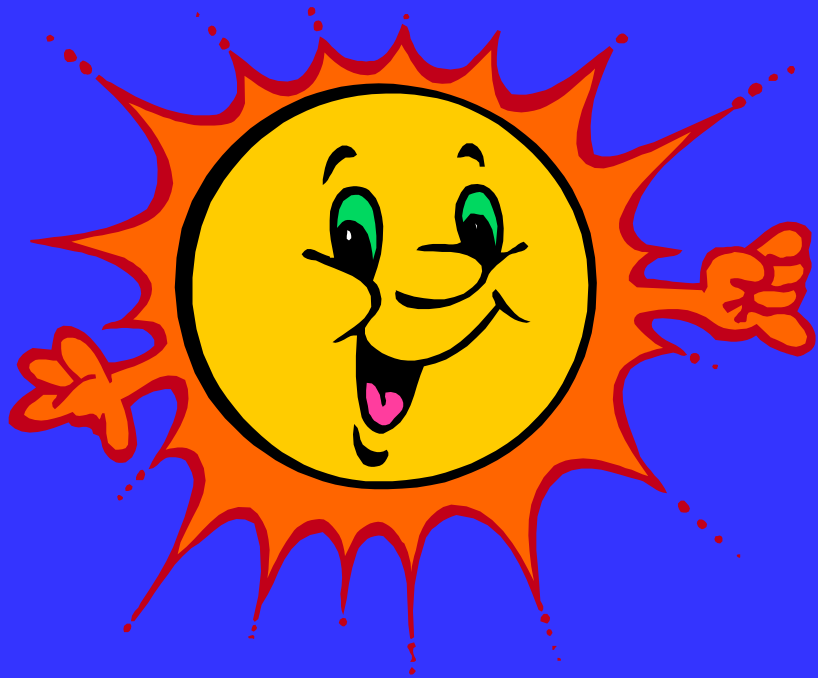
Self-direction's FIVE PRINCIPLES



- FREEDOM
- AUTHORITY
- SUPPORT
- RESPONSIBILITY
- CONFIRMATION

Self-
direction is
also about
dreams.



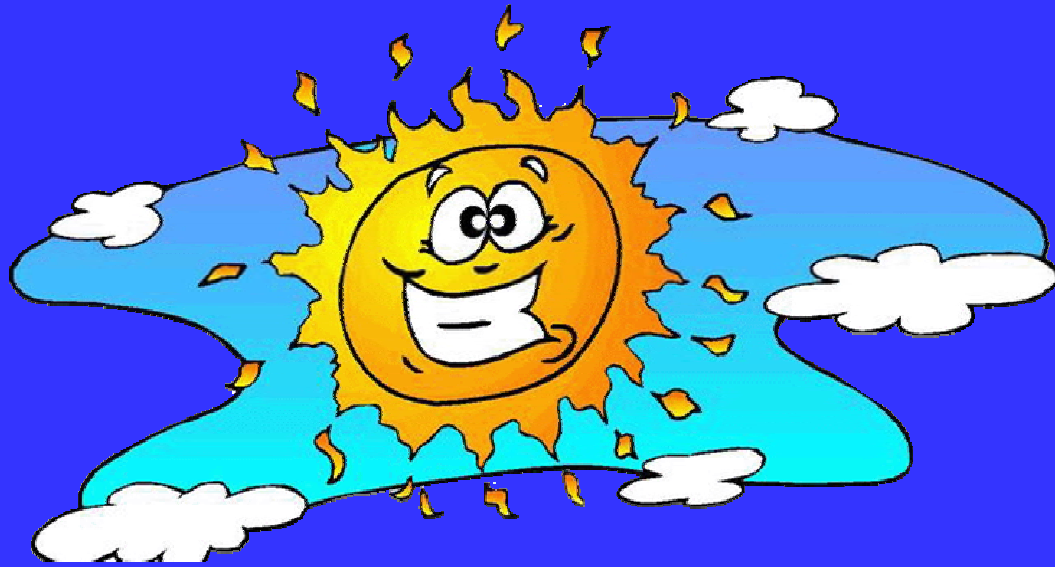


Activity #2

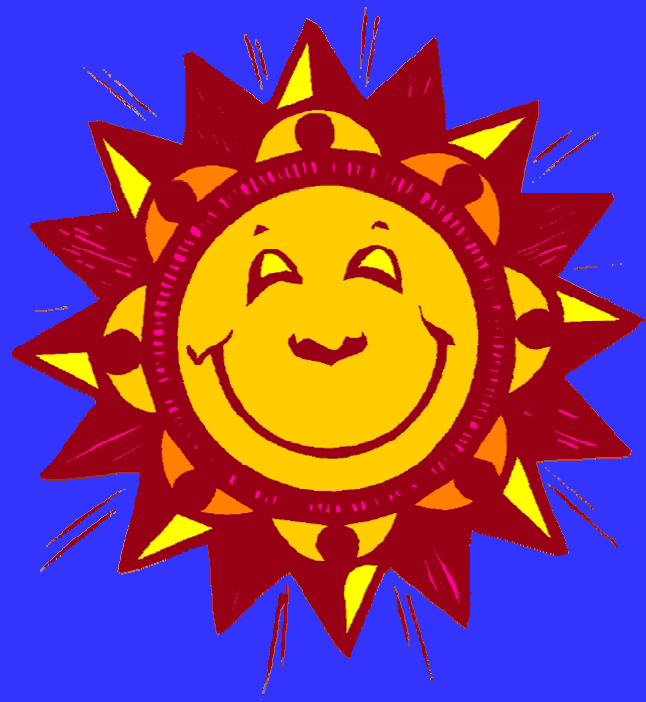
Dreaming Out Loud

Statements-
yes or no?





1. Was there a lot of agreement?
2. What does this tell us about ourselves?

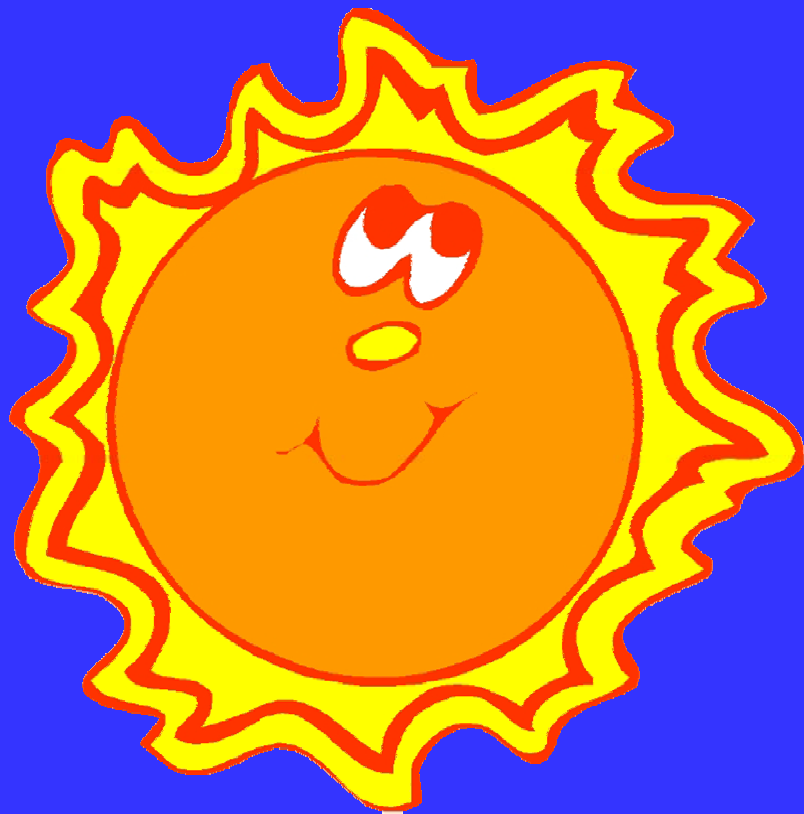


Activity #3

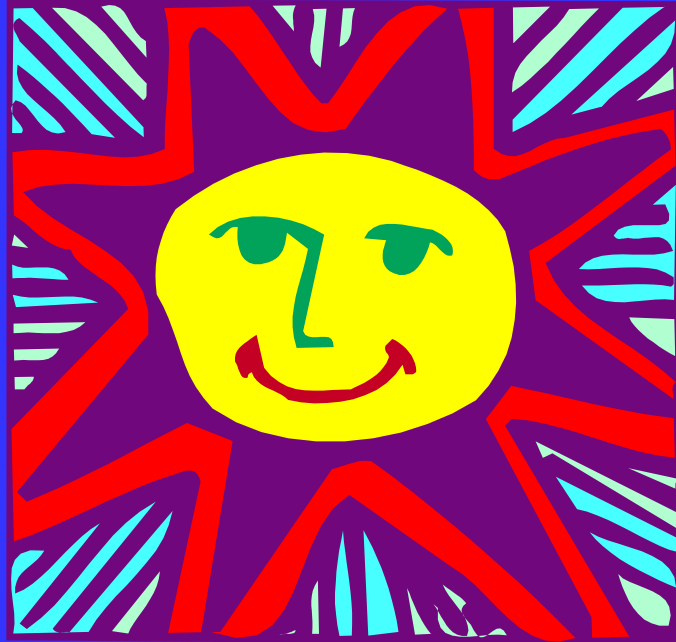
Drawing Your Dreams

BUILDING ON DREAMS





How
important is
self-
direction to
people with
disabilities?



Share your thoughts
with us...